

Pilgreen Playbook **August 2013-December 2013**

Purpose: This playbook is to be a guide for our family during this season of life. This playbook will outline our purpose as a family, our priorities, our boundaries, our rhythms, and will be used to keep us focused on what really matters in our family. It will serve as a tool to protect us and to keep us accountable.

Family Verse: Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

Ephesians 4.29

Family Purpose Statement: Because of the hope we have in Jesus, our family will...
live lives on purpose
give generously to others
love one another graciously
share our joy-filled home
embark daily on the faith adventure

Values

- We will give ourselves fully to what really matters most.
- In this season, here are our top values as a family:
 - 1) We will continue to ask for God's favor over our lives.
 - 2) Make sure Ben & Shauna's marriage is growing and healthy.
 - 3) Make sure the boys are growing in age-appropriate ways regarding wisdom, education, spiritually, and so on.
 - 4) Give all the time and attention necessary to help us bring our daughter home.
 - 5) Lead our church towards God's intended destination individually and collectively.

Priorities

- To be fully present to God and to each other
-An overfilled calendar will take away our ability to be fully present.
- We will not just say, but will show that our family comes before anyone else in our lives.

-To do this, we must first fill our calendars with what we do together (kid dates, trips, date nights, etc.)

- We will be generous with others through the gift of hospitality by welcoming them into our home.
- We will seek to be an influential family in environments we're involved in: school, sports, neighborhood, etc...
- We will live by faith and pursue things that are naturally impossible.

Daily Rhythm

- Routine (especially on school days)
- Privileges (playtime, free time, etc.)
 - 30 minutes of screen time x 3 days a week
- Chores
- Bible and Prayer time (Shauna leads at breakfast with Thoughts That Make My Heart Sing and prayer on the way to school. Ben leads after dinner with their Epic Kids weekly devotional and praying through our weekly prayer list)

Weekly Rhythm

- At least 4 family nights at home each week (unless at least one of us is out of town)
- Sabbath time weekly
- At least 3 days or nights of exercise for Ben/Shauana

Monthly Rhythm

- 3 out of 4 Date Nights with Shauna per month {mostly Mondays}
- alternate one-on-one dates with kids between Ben and Shauna

Annual Rhythm

- 4 Vacation experiences per year (2 could be within driving distance, 2 elsewhere)

Ben's Values

Maintaining a vibrant relationship with God

- takes space and time
- bible study, prayer, reflection
- intercession
- daily rooting my identity in Christ
- Sabbath weekly

Maintaining a vibrant relationship with Shauna

- Doing my equal part around the house (baths, cleaning, laundry, yard, whatever)
- make myself available to Shauna nightly for conversation, relaxation, and business time!
- 3 out of 4 date nights monthly {mostly Mondays}
- engaging her in conversation about her heart, her dreams, and what she wants during this season of life
- getting away with her at least 2 consecutive nights at least two times per year

Maintaining a vibrant relationship with the kids

- engage them personally in the morning and at bedtime (don't go to work until they leave for school unless I have serious meeting)
- alternating monthly dates with each child
- come up with discipleship plan for each of them individually
- being clear with them on expectations
- dealing with something challenging for each of them at various stages (things that take risk, problem-solving challenges, and stretch their thinking)

Shauna's Values

Maintaining a consistent and intimate relationship with God

- quiet time daily at 6 am (Scripture memory, gratitude journal, Bible study, prayer)
- practice the discipline of fasting
- practice the presence of God by praying and listening to His voice throughout the day
- learn more about steadfastness

Maintaining a consistent and intimate relationship with Ben

- listening and making eye contact when he speaks
- engage in his conversations about church, sports, future, dreams
- express my appreciation to him daily
- kiss him
- guard our dates

Maintaining a growing and loving relationship with the kids

- greet them with hugs in the morning
- be prepared daily for their activities, meals, school
- strive to parent them individually according to their wiring and personality
- let them help me come up with meals
- pray throughout the day with them and for them
- learn about their friends, teachers, classmates
- review table manners and bathroom manners

Family Values

Maintaining a hospitable home

- Always check with each other before agreeing to having company over.
- No back to back company, whether dinner dates two nights in a row or out of town guests weeks in a row.
- out of town guests staying longer than 2 days need to rent a car.
- No more than 4 weeks of overnight company throughout the year.
- Invite Day St. neighbors over every quarter.
- Invite Alvarado family over every quarter.
- Invite Epic family over every quarter.

Maintaining a safe refuge at home

- Family ready to receive Ben when he gets home. (clutter, toys put away, noise volume down)
- School nights lights out by 730 pm. {Extend Elijah's time to 8 pm}
- No screen time before school. (this includes baseball highlights)
- iphones plugged in the bedroom from after work - kids' bedtime.
- Picnic night once a week. (Kid's favorite)

Maintaining a healthy home

- sweet snack after school
- healthy snack after dinner
- strive to eat all meals at home, with the exception of family dinners out and dates
- spend time outside daily
- exercise 3 days a week
- fruit or veggie with each meal
- vitamins each morning

Maintaining a neat home

- kids help in kitchen daily
- Shauna cleans home weekly
- kids clean bathrooms weekly
- kids keep clean and tidy bedrooms
- garage and play closet clean before bedtime routine begins
- everything has a home. if not, check to see if it can be donated, recycled, or gifted.